

Thursday Networking Sessions, 1:00-2:00pm April 29, 2010

1. Behavioral Health Integration:

Mental Health in Primary Care Health Clinics

The speaker is a pioneer in the national movement toward providing mental health services in the same setting with physical health care. There is a growing need for these services in addition to traditional specialty mental health services. The clinician's role in primary care is fast-paced, rewarding, and the wave of the future. *Patricia Robinson, PhD, Behavioral Health Consultant, Mountainview Consulting, Inc., Zillah, WA.*

2. Give an Hour: Helping Returning Vets & their Families

Since 2005 the *Give an Hour* program has provided critically needed mental health services to returning troops and their families. Providers donate free mental health care, educate communities about specific problems associated with combat, and raise awareness of mental health needs. *GAH* plays a critical role in shaping the nation's conversation about the needs of those who serve in the military. *Andrew Pogany, Director of Military Education & Outreach, Give an Hour, Bethesda, MD. LPC Approved.*

3. Promoting Professional Resilience: Putting Practitioners First!

Learn about the *Professional Resilience Paradigm* and how it empowers the health and human service work force. In light of the challenges faced in all areas of social work today, professionals can use this new model to maintain career satisfaction and personal balance. *Ellen Fink-Samnick, LCSW, CCM, CRC, EFS Supervision Strategies, LLC, Burke, VA.*

4. Health Care Reform Update: West Virginia and the Nation

Social workers need accurate information about the new federal health care reform legislation to be most helpful to clients and the public. Learn what the new federal law does, and when, and receive a *Consumer's Guide to Health Care Reform*.

Learn also of the groundbreaking WV CONNECT program, providing subsidized health insurance for people with low-incomes and chronic diseases, and get an update on existing AccessWV health insurance products for hard to insure people. *Perry Bryant, Executive Director, West Virginians for Affordable Health Care and Jeremiah Samples, Governor's Office of Health Education and Lifestyle Planning.*

5. Proposing a Workshop for WV-NASW Conferences

Learn to capture your social work practice experience and wisdom and package it as a continuing education workshop! We'll discuss what social workers are looking for in training, agency needs and current trends in social work continuing education. You will leave this workshop with a well organize plan for submitting a proposal for the 2011 Spring Conference. *Chatman Neely, MSW, LICSW, Spring Conference Planning Committee, Wellsburg, Jacki Englehardt, MSW, LCSW, Continuing Education Program Coord., WVU Div. of Social Work, Morgantown.*

6. A New Look at Breastfeeding

Breast milk provides infants with perfect nutrition and immunity to infections and diseases, is reduces childhood obesity and improves brain development. Women experience quicker recovery & quicker weight loss & reduced cancer risk. Breast-feeding also saves money and healthcare costs. Rates in WV are the 4th lowest in the nation! Mothers face a variety of challenges; social workers can help by understanding these issues. *Cynthia Kittle, MS, Dir. of Health Improvement Initiatives, WV Hospital Assoc. & Christine Compton, BA, Certified Lactation Specialist, WV Breastfeeding Assoc. & Valley Health/WIC, Charleston.*

7. Asset Protection and Medicaid Long-Term Care: New Rules

Government policies are shifting the burden of proof of eligibility to facilities and residents regarding estate recovery. Explains the old rules versus the new rules, giving examples of the *look-back period, gifting & calculating the penalty period.* *Scott Wyatt, BA, Owner & Dave Wyatt, WV Medicaid Advisors, Charleston.*

8. Enhancing WV Families through Relationship & Family Skills Ed

Shares the types of parenting education programs and curricula being used and now available in WV. Training opportunities through the Healthy Families/Healthy Children Initiative have been available for four years. Research-based educational programs on stress management, relationships, communication, parenting skills and balancing work & home are included. *Angela Faulkner-Vaglianti, BA, Program Specialist & Jane Riffe, MSW, EdD, LICSW, LPC, Family Specialist, WVU Extension Service, Morgantown. LPC Approved.*

9. Working Together to Reduce the Cancer Burden in WV

All of our state's cancer-fighting organizations – from state government programs to non-profit organizations – work together to fight cancer on all fronts, from prevention and early detection to treatment, rehabilitation and end-of-life care. An opportunity to learn about West Virginia's Cancer Plan and the important role that social workers play. *James Keresztury, ACSW, MSW, MBA, Facilitator, Mountains of Hope Cancer Coalition, Morgantown & Jaunita Conaway, BA, Comprehensive Cancer Program Manager, WV Bureau For Public Health, Charleston.*

10. Hospice 101

Outlines the financial and other benefits of hospice care for any person coping with progressive end-stage disease. Participants will also learn how to comfortably talk to clients about end-of-life care goals to assure a timely hospice referral. *Kathie Campbell, BA, Marketing Director, Hospice of the Panhandle, Martinsburg. LPC Approved. NHA/NCERS Approved.*

11. Successful Planning for Retirement

Retirement requires major changes in one's life. Join your colleagues to talk about approaches that can be used to plan for spiritual, financial, social, emotional and physiological aspects of living in retirement. *Signify, Simplify and Specialize!* This session is interactive so be prepared to share your ideas! *Wade Siebert, DSW, Professor, Lock Haven University, Lock Haven, PA.*

12. Social Networking: Uses and Misuses

Social networking websites have exploded in popularity. Their growth has, perhaps forever, changed the way in which we communicate with each other and has influenced our interpersonal relationships. Provides a general overview of the most popular social networking sites, as well as some of the risks and benefits of their use. *Sarah Jarvis, MA, Psychology Intern, WVU Dept. of Behavioral Medicine & Psychiatry, Charleston, Doctoral Candidate, Marshall Univ.*

13. Psycho-Educational Groups for Youth with ADHD:

A Pilot Project

Learn about ADHD prevalence, DSM-IV diagnostic criteria, and effective psychosocial treatment options. Details of a recent psycho-educational group hospital pilot project for youth and their families will be shared. Participants will learn about what did and didn't work along with treatment implications and suggested topics for future study. *Scott Fields, PhD, Associate Professor, Director of Behavioral Science, Dept. of Family Practice & Ashwin R. Bhirud, 3rd Year Medical Student, WVU School of Medicine, Charleston Div. LPC Approved.*

14. Substance Abuse Screening, Brief Intervention, Referral and Treatment Program (WVSBIRT)

Research supports the effectiveness of brief intervention for the risks of substance use. Learn the use/misuse continuum and how substance misuse can be related to trauma. The behavioral health clinician works with the medical staff to immediately intervene and refer if needed. *James Matney, LMHC, CAC, CAP, Director, WV SBIRT, Charleston, Karen Schimmel, MSW, LICSW, CCAC, Substance Abuse Outpatient Director, Westbrook Health Services, Parkersburg.*

15. Pregnant Mothers and their Babies:

One in Five Exposed to Drugs in the Womb

Increased use of illicit or legal drugs and alcohol by mothers during pregnancy has raised the number of chemically dependent babies born in WV. Learn what questions to ask during pregnancy and in the newborn period to screen for substance abuse so that referrals can be made to better meet the needs of newborns exposed to substances in the womb. *Stephanie Nicodemus, MSN, CNM, Nurse Midwife, Martinsburg, Sandra Young, DNP, RN, Director of Pediatrics & Nursing Informatics, Thomas Memorial Hospital, S. Charleston. LPC Approved.*

16. Social Work Ethics: The Impaired Professional

Our Code of Ethics mandates that we not allow our personal problems of addiction, health, mental health, or relationships to interfere with our professional judgment and performance. Everyone faces challenges in life, how does someone know when they are close to the line? What steps can we take to acknowledge and possibly help someone struggling with these issues? *Sophia Dziegielewski, PhD, Professor, University of Cincinnati School of Social Work, Cincinnati, OH. Applies to SW ethics requirements for WV temporary license holders.*

17. Understanding Social Security Work Options

Many consumers who receive Social Security benefits are afraid of losing their cash or medical benefits if they have paid employment. We explain Social Security Disability Insurance, Supplemental Security Income, Medicare, Medicaid, and work incentives available to assist people in going to work, including the Ticket to Work Program. Makes you more aware of client options. *Jennifer Tenney, MA, Employment Programs Manager, WVU Center for Excellence in Disabilities, Morgantown.*

18. Safety for WV Children: The New Child Protection System

The field of Child Protective Services impacts the practice of all social workers who work with children & families. The WV Dept. of Health & Human Resources Bureau for Children & Families is implementing an evidence-based, statewide assessment system called the "WV Safety Assessment & Management System." Learn why the system is changing, how "SAMS" works, and its implementation schedule. *Susan Richards, MSW, Director of Training & the WV SAMS Project, Amy Lawson Booth, LSW, Statewide SAMS Project Implementation Coordinator, both with WV DHHR Bureau of Children & Families, Charleston.*

Friday Networking Sessions, 1:00-2:00pm April 30, 2010

1. Treatment Not Incarceration for Substance Abuse

Showing Promise

As funding for community substance abuse programs dwindles, jail and prison overcrowding worsen, triggering a shift from a "lock them up" approach to jail diversion programs. Day Report Centers and Drug Court Programs are now using intensive outpatient substance abuse treatment coupled with case management. What are the implications for practice? An opportunity to share experiences and ideas about providing services in this new criminal justice setting. *Mary Aldred-Crouch, MSW, Substance Abuse Counselor/Treatment Team Leader, Southwestern Regional Drug Court, Milton. LPC Approved.*

2. Social Work Ethics

A brief overview of ethical decision-making is presented along with a case scenario reflective of a situation often confronted in the therapeutic setting. Participants will be challenged to engage in a process where ethical decision-making will be applied. This session focuses on creating a forum for discussion on how to best maintain self-determination and confidentiality in clinical practice settings. *Sophia Dziegielewska, PhD, Professor, University of Cincinnati School of Social Work, Cincinnati, OH. Applies to SW ethics requirements for WV temporary license holders.*

3. Non-Traditional Social Work Majors:

Where Do Our Students Come From?

The proportion of older undergraduate students (non-traditional) is increasing. These students face the same university issues as traditional students. Our research endeavors to uncover and understand the reasons prompting non-traditional students to select social work as their major. Implications for social work education and practice will be discussed. *Raphael Mutepa, PhD, Assistant Professor, Jeffrey Albright, BSW Candidate and Elaine Murphy, BSW Candidate, all with Department of Social Work, West Virginia State University, Institute.*

4. WV Right From The Start

Right From The Start is a statewide, home-based program employing social workers and nurses to provide services to high-risk pregnant women and their infants. This session increases your understanding and ability to utilize Perinatal Programs for low-income pregnant women and infants focused on improving pregnancy outcomes and infant health in West Virginia offered by the WV DHHR Office of Maternal, Child and Family Health. *Jeannie Clark, BA, BSN, Director of Perinatal Programs, WVDHHR, Charleston.*

5. Signs of Predatory Lending and How to Help

Provides basic tips about identifying consumer credit abuses, with an emphasis on identifying and helping victims of predatory lending who are in danger of foreclosure. Participants will also learn how and when to make referrals to other service providers, including legal assistance. *Sara Bird, JD, Attorney, Mountain State Justice, Charleston.*

6. Traumatic Brain Injury Services in West Virginia

Learn how to make referrals for services and how to assist in getting information to anyone with a TBI diagnosis in WV. Includes a survey of available services, training available to agencies and individuals, the WV TBI Grant Project, and how services are currently funded in addition to possible future funding. *Delena Arthur, MSW, LGSW, TBI Resource Coordinator, WVU Center for Excellence in Disabilities, Beckley. LPC Approved. NHA/NCERS Approved.*

7. Drumming: Positive Intervention with Seniors

For the past year residents of a small assisted living home in Charleston have been involved in an elder drum circle. We will discuss the benefits of such activities for older adults, family members and assisted living home staff. Participants will play drums and other percussion instruments. Includes the latest research on the benefits of drum circles. *Karen Glazier, MSW, Director, Good Living Assisted Living, LLC and Paula Bickham, PhD, Drumming Instructor, Licensed Psychologist, United Summit Center, Clarksburg.*

8. Al-ANON Family Groups: Helping the Loved Ones of Alcoholics

Explains Al-ANON, who it's intended for and the benefits of attendance. Focuses on the ways alcohol affects everyone in the alcoholic's orbit: families, friends, co-workers, etc, and how they can get well, even if the alcoholic doesn't. Professionals will learn how to find the nearest group and the important influence they can have on clients getting help through Al-Anon. *Brandi Asterino Powell, MSW, LICSW, Therapist in Private Practice, Fairmont, Dorothy Minch, MSW, Foster/Adoption PRIDE Trainer, WVU, WVDHHR, Morgantown. LPC Approved.*

9. Babies Born Addicted: A West Virginia Problem

The use of illicit and legal drugs and alcohol among pregnant women is a major factor in WV's poor newborn outcomes. The increase in the number of chemically dependent babies presents a dramatic cost to society. Learn how to screen for substance abuse so that timely and effective referrals can be made to decrease the number of babies born addicted to substances (neonatal abstinence syndrome). *Stephanie Nicodemus, MSN, CNM, Nurse Midwife, Martinsburg, Sandra Young, DNP, RN, Director of Pediatrics & Nursing Informatics, Thomas Memorial Hospital, S. Charleston.*

10. Depression and Bipolar Support Alliance in WV (DBSA)

A national organization with state chapters, DBSA offers support groups and literature about depression, bipolar in adults and children, panic disorders and PTSD. There is a desire to start chapters in various parts of the state. Information will be provided about starting a chapter in your area. Condition-specific literature will also be provided. *Diana Thompson, BA, Board of Directors, DBSA-WV, Buckhannon.*

11. How Inequality Affects Health and Longevity

Minorities and low-income people in West Virginia are less healthy and die significantly sooner than the majority population. What can be done to change these facts? Relative social position has a major impact on morbidity and mortality. We'll review existing scientific research and questions about the social determinants of health, with a special emphasis on how inequality affects well-being and longevity. *Rick Wilson, MA, Area Director, WV Economic Justice Project, American Friends Service Committee, Milton. LPC Approved.*

12. Decreasing "No-Show" Rates in Mental Health Centers

No shows and cancellations are a dilemma for clinicians and administrators in community mental health settings. Learn skills to positively influence the show rate of outpatient consumers in your practice, which will improve client outcomes and enhance revenues. *Carrie Deutsch, MSW, LGSW, Regional Director, Prestera Mental Health Center, Inc., Huntington. LPC Approved.*

13. What's New in Rehabilitation Services

An overview of the many changes at WV Rehabilitation Services in the past two years, including who the agency serves, the services now available and how to access these services. Also discussed will be technologies available to assist with being independent at home and on the job. *Cindy Tucker, MA, Branch Office Supervisor, Karen White, MSW, Branch Office Supervisor, both with WV Division of Rehabilitation Services, Institute. LPC Approved.*

14. One Couple's Experience Facing a Life-Threatening Medical Crisis

Penny and Mike Youngren reflect on what happened when they took to the retirement dance floor expecting a fox trot, and the MRI struck up a meningioma. Genre: A lingering adventure with color photos, Asian influences and a spaghetti-western soundtrack. Woven throughout this compelling tale are the dos and don'ts of working with folks who are facing possible death or disability and their families. *Penny Youngren, MA, Counselor and Management Consultant and Mike Youngren, Documentary Producer and Writer, Charleston.*

15. The Forever Clause:

A Live Play about Teen Sexuality and Unwanted Pregnancy

"When ninth graders Jake, Valerie, Trish and Mike begin high school, they have no idea how their attitudes toward dating, love and sex would change in the next four years." Our favorite local youth acting troop is back with another winner! This play uses humor and real-life situations to drive home the realities of teen sexuality and unwanted pregnancy. It is available to be performed in the community year-round. *Dan Kehde, Author and Co-Director, and Penny Kehde, Co-Director, Contemporary Youth Arts Company, Charleston. Produced in partnership with United Way of Central West Virginia.*

16. Results of the WV Legislature: Summary of 2010 Legislation

An overview of the issues and legislation that will guide the delivery of health and human services in West Virginia as a result of the recently completed legislative session. You will also learn how to effectively engage in policy advocacy efforts from your office or home. *Moderator: Larry Beckett, MSW, Chair, NASW-WV ELAN/Legislative Action Network, Cross Lanes. Panelists: Dr. Dan Foster, State Senator representing Kanawha County, Jim McKay, State Coordinator, Prevent Child Abuse WV/Convener of Legislative Action Team for Children, Huntington, and Susan Sobkoviak, BSSW, Policy Director & Public Health Care Specialist, Jefferson Co. Public Health, Denver, CO, & Consultant to NASW WV.*

17. The Montcoal Upper Big Branch Mine Disaster

This disaster has affected us all, adults, families and children. This will be an opportunity for those attending the conference to talk about what happened. Included will be a brief overview of grief counseling for personal awareness, or for assisting others with their grief reactions and healing process. *Sam Farley, MSW, LCSW, Behavioral Health Consultant, Cabin Creek Health System-Riverside High School/East Bank Middle School. Mr. Farley also has 10 years of experience working as a fire boss in underground mines.*