



2010 Spring CE Conference for Social Workers
April 28, 29, 30, 2010, Charleston (WV) Civic Center
National Association of Social Workers, West Virginia Chapter
(304) 345-6279 Mail@NASWWV.org www.NASWWV.org

Nursing Home Administrator Approved Continuing Education Information

"This educational offering has been reviewed by the National Continuing Education Review Service (NCERS) of the National Association of Long Term Care Administrator Boards (NAB) and approved for 28.50 clock hours and 17.25 participant hours."

Program Approval Number: 2842010-28.50-5552-in

To provide feedback on this and other programs email: cecomments@nabweb.org.

Wednesday, April 28, 2010

9:00 – 10:10AM: Keynote Address:
Addictions and the Family: The Legacy of Trauma
Claudia Black, MSW, PhD

Families impacted by addiction produce children and adults at greater risk of functioning below their capabilities, which has monumental implications for society, employers, providers, relationships, and family functioning. Claudia Black, Ph. D., MSW, will present a portrait of addiction in the family, offering an overlay of how chronic stress and blatant violence are all aspects of family trauma. She will describe the relationship of trauma to generational repetition, multi-addictive and co-occurring disorders.

10:30AM – Noon: Concurrent 1.5-Hour Workshops

A 2 Social Security: Understanding the Benefits

Social Security eventually touches the lives of nearly all Americans. It helps not only older people, but also workers who become disabled and their families, and families in which a spouse or parent dies. This workshop will cover the basics of who may receive Social Security, the variety of benefits provided, and highlights the information and services available via the Social Security Administration's website. The workshop is intended to assist social workers in their daily work of providing accurate information and helping clients make informed decisions. *Robert Jeffries, BA, Public Affairs Specialist, and Kenneth Lim, BS, Professional Relations Officer, Social Security Administration, Charleston. RES. ALL.*

A 6 Today's Combat Veterans: What You Should Know

More than 1.7 million service members have returned from the Global War on Terrorism to date. National Guard veterans typically return to their previous jobs, but may need their employer's understanding and assistance to successfully reintegrate into the world of work. Statistics indicate that at least one in five combat veterans have symptoms of post-traumatic stress disorder (PTSD). The impact of PTSD on individuals, loved ones, and communities is an area of growing concern. This workshop will address the reintegration process and the most common readjustment problems of returning service members. The causes of PTSD, physical and emotional symptoms, methods of coping, and specific needs of returning veterans will also be addressed. *R. Jeremy Harrison, MSW, LICSW, Social Worker, Wheeling Vet Center, Iraq Combat Veteran, Wheeling. VET; CLN; MH; CYF. ALL.*

1:30 – 4:30PM: Concurrent 3-Hour Workshops

B 8 Diabetes: Separating Fact from Fiction

West Virginia leads the nation in diabetes prevalence. It's imperative that social workers and other professionals have a good understanding of diabetes, provide sound information to clients and the public, and make appropriate referrals as needed. This workshop will unravel myths commonly associated with diabetes, clarify the often complex nature of the disease, and offer suggestions for handling questions about diabetes management. *Angela Nell Stuart, MS, RD, LD, CDE, Health Improvement Consultant, West Virginia University Office of Health Services Research. HTH. ALL.*

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B14 Dealing with Aging Parents: Addiction, Co-Dependency and Caregiving

This workshop will provide an overview of the social, sexual, physical, emotional, mental, spiritual and occupational losses associated with aging. The presenter will address problems faced by professionals who are working with aging adults and adult children who are dealing with aging parents, including bridging the generational communication gap, adapting to changing roles, and understanding addiction and co-dependency issues. Participants will also learn about support systems and community resources for aging adults and caregivers. *Jeffrey D. Elliott, MA, BA, Therapist, PSIMED Corrections, Inc., Charleston. AGE; ADT; CYF; CC. ALL.*

Thursday, April 29, 2010

8:30 – 11:30AM: Concurrent 3-hour Workshops

C 6 Geriatric Mini-Medical School

To be most effective, social workers in health care and long-term care settings must have a working knowledge of common physiological, behavioral and emotional problems associated with aging. The speaker, a practicing geriatrician and medical educator, presents some of the information that a geriatrician uses to evaluate and work with older adults. This case-based, interactive session touches on the aging process itself; the impact of older age on common diseases such as diabetes, high blood pressure, and heart disease; common “geriatric” syndromes such as falls, frailty, and osteoporosis; and health promotion and disease prevention in older adults. *Mark Newbrough, MD, Assistant Professor of Medicine and Geriatrics, WVU School of Medicine, Charleston Division, Charleston, also Principal Investigator, WV Geriatric Education Center, WVU Robert C. Byrd Health Sciences Center. AGE; HTH; CC. ALL.*

C 7 Effective Management through Team Building

We all learn in different ways, but most of us long remember things we learn through participation in group activities that are informative and enjoyable. Engaging in activities with employees at all levels facilitates comprehension and retention, and builds cohesiveness among staff. In this session participants will learn about ten essentials elements of creating and promoting teamwork. The audience will also participate in several examples of physical teamwork activities that develop and enhance team skills. Wear comfortable shoes and clothing that facilitate movement. No athletic skill required. *Judy Ripley MSW, LISW-AP(SC) and Bill Ripley, MSW, LISW-AP(SC), Participatory Management Adventures, Ripley Retreat, Hopkins, SC. MGT; CC. ALL. Limit 50.*

1:00-2:00PM: Networking Session

Hospice 101

Outlines the interdisciplinary and holistic approach of hospice care for persons coping with progressive end-stage disease and the special insurance benefits available to hospice patients under Medicare. Participants will also learn to comfortably discuss end-of-life care goals with patients/clients to facilitate a timely and most beneficial hospice referral. *Kathie Campbell, BA, Marketing Director, Hospice of the Panhandle, Martinsburg.*

3:30 – 5:00PM: Concurrent 1.5-Hour Workshops

D 5 The Art of Being a Successful Boss

In America today, being a boss is challenging in any setting. Circumstances are very different from past generations in terms of the economy, workforce, laws and regulations. Change has been the primary standard, and successful bosses must be able to adapt to the needs of their organizations, employees and clientele. This workshop will address the qualities of an effective boss, mistakes that often undermine one’s ability to be a successful boss, and why good bosses train their successors. *Daniel W. Farley, PhD, MSW, President & CEO, GlenWood Park, Inc. Princeton. MGT. INT.*

D13 Avoiding the Perils Associated with Electronic Documents in the Workplace

Improperly stored and/or transmitted electronic documents can result in the violation of client privacy. This workshop will address the types of electronically stored information (ESI) typically used in the workplace (e.g. email, Word, Excel); the importance of maintaining formality of critical communications and avoiding transmission of metadata in attached document files; practical methods to store electronic documents; document retention/destruction policies; and an overview of the law of e.Discovery pertaining to ESI. *Shari McPhail, JD, Attorney, Sinclair PLLC, Wheeling. MGT; CC. ALL.*

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7:00 – 8:30PM: Concurrent 1.5-Hour EVENING Workshops

E 2 Helping Your Clients Understand: Social Work Roles in Encouraging Health Literacy

Focuses on the problem of low- and limited-health literacy (LHL - the ability to communicate, comprehend and act on health information) and looks at two critically important roles social workers can play in helping their patients/clients better understand their situations and interact more effectively with health care providers. This multimedia presentation incorporates a high-impact video case presentation, brief lecture, role-play and discussion to explore strategies for helping patients, clients and families understand and become more compliant with recommendations. Also helps social workers become more effective advocates when dealing with other health care providers. *Mark Newbrough, MD, Assistant Professor of Medicine and Geriatrics, WVU School of Medicine, Charleston Division, Charleston, also Principal Investigator, WV Geriatric Education Center, WVU Robert C. Byrd Health Sciences Center. HTH; CC. ALL.*

Friday, April 30, 2010

8:30 – 11:30AM: Concurrent 3-hour Workshops

F 6 Alzheimers, Lewy Body and Other Dementias: Advanced Skills Workshop

Learn about new and evolving approaches in the management of dementia. Advances in therapy and thinking are changing the recommended ways we manage clients and their families dealing with progressive dementia. Using evidence of the efficacy (or not) of numerous interventions in an interactive mutual learning session, we will each think freshly about our changing roles –professional and personal– as the “science” of dementia progresses rapidly in the next five years. *Dr. Richard Ham, Professor of Geriatric Medicine and Psychiatry, Robert C. Byrd Health Sciences Center, WVU, Morgantown. AGE; CLN; CYF; HTH; MH. ALL.*

F14 The End of Life as an Important Stage of Human Development

This presentation will give participants the information and tools they will need to guide clients, family members and others through an end-stage illness while encouraging the individual to do it in the way that is best for him or her. This session will explore the “Landmarks” or developmental stages and “Tasks” faced by a dying person. It will also describe how hospice workers aid the terminally ill and their families in maneuvering through this challenging period of growth and healing toward peaceful and dignified dying. *Kathleen Campbell, BA, Marketing Director, Hospice of the Panhandle Inc, Martinsburg. AGE; MH; HTH. ALL. Limit 50.*

1:00-2:00PM: Networking Session

Traumatic Brain Injury Services in West Virginia

Provides information on the services available, now and hopefully in the future, to serve victims of Traumatic Brain Injury. TBI has been misunderstood and too often goes undiagnosed. Social workers can play a key role in providing accurate information to the public. TBI is also a recognized common 'war wound' found in returning Iraq/Afghanistan War veterans. You'll learn about the TBI training resources available to agencies and/or individuals, the WV TBI Grant Project, how TBI services are currently being funded, and possible future funding options, such as the anticipated TBI Medicaid Waiver Program. Participants will also learn how to make referrals for and assist in getting information to people with a TBI diagnosis or their loved ones in WV. *Delena Arthur, MSW, LGSW, TBI Resource Coordinator, CED, WVU, Beckley G 8*

2:30 – 4:00PM: Concurrent 1.5-Hour Workshops

G 8 Problem Gambling: Are Helping Professionals at Risk?

Health care workers in West Virginia have been found to be at greater risk of becoming problem gamblers, which can negatively affect job performance and satisfaction, and increase the possibility of illegal behavior to find money for gambling. Since beginning operation in August 2000, The Problem Gamblers Help Network of West Virginia has helped over 8,000 problem gamblers and their loved ones. The most common occupation listed by problem gambler callers is health care worker/social worker, and over half of these callers are employed full-time. This workshop will address the symptoms of problem gambling, what factors seem to put health care/social workers at greater risk, and what help is available through referral, in-services, counseling, etc. *Steven L. Burton, MSW, Director, The Problem Gamblers Help Network of West Virginia, Charleston. ADT; CC. ALL.*

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