



2010 Spring CE Conference for Social Workers

April 28, 29, 30, 2010, Charleston (WV) Civic Center
National Association of Social Workers, West Virginia Chapter
(304) 345-6279 Mail@NASWWV.org www.NASWWV.org

WV Licensed Professional Counselor Continuing Education Information

These sessions have been APPROVED for up to 18 hours of Licensed Professional Counselor continuing education credit by the West Virginia Board of Examiners for Licensed Professional Counselors.
Approval # WVBE-042810

Keynote Address: The Addictive Family: The Legacy of Trauma (*Claudia Black*)

Families impacted by addiction produce children and adults at greater risk of functioning below their capabilities, which has monumental implications for society, employers, providers, relationships, and family functioning. Claudia Black, Ph. D., MSW, will present a portrait of addiction in the family, offering an overlay of how chronic stress and blatant violence are all aspects of family trauma. She will describe the relationship of trauma to generational repetition, multi-addictive and co-occurring disorders.

Wednesday, April 28: 10:30 am – Noon

- A 1 Addictions in the Family: Consequences of Living with Chronic Loss...**
- A 2 Social Security: Understanding the Benefits**
- A 4 Mental Health Services in OB/GYN Clinic: A Model for Integrated Care**
- A 6 Today's Combat Veterans: What You Should Know**
- A 7 Teen Parents and the (WV) Law**
- A 8 Dimensions Of Diversity**
- A 9 Bridging the Generation Gap**
- A11 Making Home Visits: "Best Safety Practices"**
- A12 Promises to Keep: The Mandate to Report and Opportunity to Prevent**
- A16 Crisis Intervention: A Panel Discussion**
- A17 Introduction to Insomnia**
- A18 Engaging the Hard to Reach: Positive Outcomes for the Homeless**
- A19 Hospice: When You Care Enough to Send the Very Best**

Wednesday, April 28: 1:30 – 4:30 pm

- B 1 Families and Addictions: Intervention**
- B 2 Before Time Out: The CHOICES Program**
- B 3 Pain: Understanding it, Changing it, Relieving it**
- B 4 How to Stay Cool When the Heat is On**
- B 5 Meeting the Challenges of Autism**
- B 7 "I Can't Get Over It!": Complexities In the Treatment of Trauma**
- B 8 Diabetes: Separating Fact from Fiction**
- B 9 Dynamic Duo: Combining Bibliotherapy with Play Techniques**
- B10 "I Thought He Was My Friend!" The Internet - A Molester's Paradise**
- B11 Dancing with Grief**
- B12 From the Inside Out: Your Story, Your Own Words**
- B13 Treatment for Opioid Addiction: Buprenorphine in 2010**
- B14 Dealing With Aging Parents: Addiction, Co-Dependency and Caregiving**
- B15 Understanding Diversity**
- B16 The End of Life and Health Care Providers**
- B17 The "ABCs of Ts": Gender-Variant & Transgender Children**
- B18 Disability Awareness, Etiquette and Inclusion - What You Need to Know!**
- B19 How to Encourage Spiritual Resourcefulness in Clients**

Thursday, April 29: 8:30 – 11:30 am

- C 1 Acceptance and Commitment Therapy**
- C 2 Ethics and Documentation (*not LPC Ethics*)**
- C 3 Herbal and Psychoactive Medicinal Preparations**
- * C 4 Everyday Self Defense for Social Workers**
- C 5 Redecision Therapy**
- C 8 Before Time Out: The CHOICES Program (*repeated*)**
- C 9 Dream Work in Therapy: An Introduction to the Hill Model**
- C10 Ten Things You Need to Know about Kids**
- C11 Termination: The Ending of a Therapeutic Relationship**
- C12 Surviving the Storm of Teen Depression: Opportunities for Healing & Hope**
- C13 Self-Care: Mindfulness and Acceptance**
- C14 Disordered Eating: Eating with Integrity**
- C15 The Road Back Home: Dealing with Compassion Fatigue**
- C17 Reducing Sexual Abuse in Vulnerable Populations: MR/DD Child Abuse**
- C18 Caring For Caregivers: Tools for Supporting Caregivers in Rural Areas**
- C19 Motivational Interviewing in Action**
- C20 Substance Abuse Work in Primary Care: WWSBIRT**
- C21 The Spunky Eclectic: Fit and Form in Picking a Child Psychotherapy Model**

Thursday, April 29: 1:00 – 2:00 pm

NETWORKING SESSIONS: Selected Sessions (*See descriptions below*)

Thursday, April 29: 3:30 – 5:00 pm

- D 2 Advance Care Planning: Train the Trainer**
- D 3 Clinical Supervision: Intro to Teaching Processes and Methods**
- D 4 Current Issues in Psychopharmacology**
- D 6 Alzheimers 2010: What's New, What's to Come, What Should We Do Now?**
- D 7 Bipolar Disorder: Assessment and Treatment**
- D 8 Applying the DSM to Children and Adolescents**
- D 9 Live Performance/Discussion on LGBT Issues with Dreams of Hope Youth**
- D10 Storytelling Toolbox: Help Your Clients Tell Their Story**
- D11 Treatment of Violent Women: A Model Cognitive Behavior Curriculum**
- D12 Addiction Services with the Homeless Population**
- D13 Avoiding the Perils Associated with Electronic Documents in the Workplace**
- D14 Suicide Prevention Among Veterans**
- D15 Criminal Child Abuse Cases: The Role of Mental Health Providers**
- D16 Helping Children and Adolescents Cope with Death of Loved One**
- * D17 Everyday Self Defense for Social Workers: Intermediate Training**
- D19 Acceptance and Commitment Therapy for Experienced Therapists**
- D20 Newborns Exposed to Drugs in the Womb: One-in-Five West Virginia Babies**

Thursday, April 29: 7:00 – 8:30 pm

- E 1 Live Performance/Discussion on LGBT Issues with Dreams of Hope Youth**
- E 4 Hope's Cafe: Impact of Cancer on the Lives of West Virginians**
- E 5 Speak Now or Forever Hold Your Peace**
- E6 Military & Community Working Together to Serve WV Veterans and Families**

Friday, April 30: 8:30 – 11:30 am

F 2 Prescription Drug Abuse

F 3 Menopause: Physiologic Changes, Treatment & Avoidance of Chronic Illness

F 4 Trauma Informed Care for Children and Adolescents

F 5 Culture, Images and Music: The Appalachian Experience

F 6 Alzheimers, Lewy Body and other dementias: Advanced Skills Workshop

F 7 Psychopharmacology and Mental Health Practice in Children and Adults

F 8 Gay Identity Development in Appalachia

F 9 The Hidden Epidemic, Alcohol, Medication and the Older Adult

F10 Emotional Fallout of Deployment and its Impact on Military Families

F11 Stewards of Children: Preventing Child Sexual Abuse

F12 Fighting Fair: The Secrets to Successful Conflict Resolution

F14 The End of Life as an Important Stage of Human Development

F15 Working w/ Survivors of Sexual Assault: Unique Aspects of Sexual Violence

F16 Anger Mgmt. for Professionals: Dealing w/ People Who Push Your Buttons

F18 Emotional Freedom Technique (EFT)

F19 Foundations of Social Work: Emotional and Spiritual Intelligence

*** F20 Everyday Self Defense for Social Workers: Intro *and* Intermediate Training**

F21 Adolescent Suicide Prevention

Friday, April 30: 1:00 – 2:00 pm

NETWORKING SESSIONS: Selected Sessions (*See descriptions below*)

Friday, April 30: 1:00 – 4:20 pm

G 1 Multi Cultural Issues and Ethical Relationships: LPC Ethics

Friday, April 30: 2:30 – 4:00 pm

G 3 Social Work Storytelling: The Power of the Human Spirit to Overcome Adversity

G 4 Serving Our Military, Veterans and Families Affected by TBI and PTSD

G 5 Drug Endangered Children and Drug Identification

G 6 Promoting Change with a Recovery Coach Model

G 7 Sparks: Helping Young People Find Joy, Energy and Direction in Life

G 8 Problem Gambling: Are Helping Professionals at Risk?

G10 Drug Courts - Problem Solving Courts

G11 Medication Management of Depression & Anxiety in Children/Adolescents

G12 Riding the Waves: When Someone You Love has Bipolar Disorder

*** G13 Everyday Self Defense for Social Workers: Review, Renew, Revitalize!**

*** NOTE ON EVERYDAY SELF DEFENSE WORKSHOPS:**

WV Licensed Professional Counselors can receive approved CE credit hours for attending ONE (but not more than one) of the following Everyday Self Defense sessions: C4, D17, F20 or G13.

NETWORKING SESSIONS THAT APPLY TO LPC CE APPROVAL

Note: The following draft Networking Session descriptions do not appear in the registration brochure. Networking Session descriptions are made available to conference participants when they arrive at the conference. All Networking Sessions are one-hour in length and are scheduled at 1:00pm on either Thursday, April 29 or Friday, April 30. Only session descriptions approved for LPC CE credit are listed below. These will appear along side additional non-approved session titles on the final list made available in the participant's packet at the conference.

Thursday Networking Sessions -----

Psycho-Educational Groups for Youth with ADHD: A Pilot Project

Learn about ADHD prevalence, DSM-IV diagnostic criteria, and effective psychosocial treatment options. Details of a recent psycho-educational group hospital pilot project for youth and their families will be shared. Participants will learn about what did and didn't work along with treatment implications and suggested topics for future study. Scott Fields, PH.D., Associate Professor, Director of Behavioral Science, WVU School of Medicine, Charleston Division, Department of Family Practice and Ashwin R. Bhirud, Third Year Medical Student, WVU School of Medicine

Hospice 101

Outlines the holistic and financial benefits of hospice care for any person coping with progressive end-stage disease. Participants will also learn how to comfortably talk to clients about end-of-life care goals to assure a timely hospice referral. Kathie Campbell, BA, Marketing Director, Hospice of the Panhandle, Martinsburg.

Babies Born Addicted: A WV Problem

The use of illicit, legal drugs and alcohol among pregnant women is a major factor in WV's poor newborn outcomes. Increase in the number of chemically dependent babies presents a cost to society. Learn what questions to ask in order to screen for substance abuse so that referrals can be made to decrease the number of babies born with neonatal abstinence syndrome. Stephanie Nicodemus, MSN, CNM, Nurse Midwife, Martinsburg, Sandra Young, DNP, RN, Director of Pediatrics and Nursing Informatics, Thomas Memorial Hospital, South Charleston

Treatment, Not Incarceration for Substance Abuse Showing Promise

As funding for community substance abuse programs has dwindled, jail and prison overcrowding have worsened, triggering a shift from a "lock them up" approach to jail diversion programs. Day Report Centers and Drug Court Programs are now using intensive outpatient substance abuse treatment coupled with case management. Early results look promising. How then do treatment professionals work in this setting? Are these folks significantly different from other clients seen in treatment programs? If so, what are the implications for practice? This networking session offers an opportunity for sharing experiences and ideas about providing services in this new criminal justice setting. Mary Aldred-Crouch, MSW, Substance Abuse Counselor/Treatment Team Leader, Southwestern Regional Drug Court, Milton.

Give an Hour: Helping Returning Vets & their Families

Give an Hour was founded in 2005 to provide critically needed mental health services to returning troops and their families. In addition to donating free mental health care, providers educate citizens in their communities about specific consequences associated with combat and raise awareness of mental health needs. Give an Hour plays a critical role in shaping the nation's conversation about the needs of those who serve and opens doors for further discussions about psychological health & treatment. Sylvia Bowersox, job title, Give an Hour, location.

Friday Networking Sessions -----

What's New in Rehab Services?

An overview of the many changes at WV Rehabilitation Services in the past two years including who the agency serves, what services are now available and how to access these services. Discuss both high and low technology available to assist individuals with disabilities in being independent at home and on the job. Cindy Tucker, MA, Branch Office Supervisor, Karen White, MSW, Branch Office Supervisor, both with WV Division of Rehabilitation Services, Institute

Traumatic Brain Injury in West Virginia

Traumatic Brain Injury is the focus with a discussion of the services available, the training being offered for any agency and/or individuals; the WV TBI Grant Project and how TBI services are currently being funded and possible future funding. Participants will learn how to make referrals and how to assist in getting information to anyone with a TBI diagnosis in WV. Delena Arthur, MSW, LGSW, TBI Resource Coordinator, CED, WVU, Beckley

Decreasing "No-Show" Rates in Mental Health Centers

No shows and cancellations are a dilemma for clinicians and administrators in community mental health settings. Learn skills to positively influence the show rate of outpatient consumers in your practice which will improve client outcomes and enhance revenues. Carrie Deutsch, MSW, LGSW, Regional Director, Prestera Mental Health Center, Inc., Huntington

How Inequality Effects Health and Longevity

Relative social position has a major impact on morbidity and mortality. Review existing scientific research and engage in open questions on the social determinants of health with a special emphasis on how inequality affects well-being and longevity. Rick Wilson, MA, Area Director, Friends Service Community, WV Economic Justice Project, Charleston

Enhancing West Virginia Families through Relationship and Family Skills Education

Shares the types of parenting education programming and curriculum that are being used and are now available in WV. Training opportunities have come about through the Healthy Families/Healthy Children Initiative over the four years. Available are research based educational programs on stress management, relationship building, communication, parenting skills, and work-home balance. Angela Faulkner-Vaglianti, BA, Program Specialist, Jane Rifee, MSW, EdD, LICSW, LPC, Family Specialist, Both at WVU Extension, Morgantown,

AL-ANON Family Groups: Helping Loved Ones of Alcoholics

Explains what ALANON is and isn't, who it's intended for, and benefits of attendance. Focuses on ways alcohol affects everyone in the alcoholic's orbit: families, friends, co-workers, etc. and how they get well, even if the alcoholic doesn't. Professionals will learn how to find the nearest group and the important influence they can have on clients getting help through ALANON. Brandi Asterinao Powell, MSW, LICSW, Self-Employed Therapist, Fairmont.

End

April 2, 2010