

2010 Spring Continuing Education Conference for Social Workers

Thursday, April 29, 2010 Schedule of Events and Workshops

Thursday, April 29, 2010

7:30 – 8:30 AM: Registration, Refreshments, Exhibits

8:30 – 11:30AM: Concurrent 3-hour Workshops: C1 – C21

C 1 ACT: Acceptance and Commitment Therapy

This nationally recognized expert on ACT discusses strategies that work to increase psychological flexibility: the ability to do what is most valued despite the presence of unwanted thoughts and feelings. Examples include overcoming avoidance and developing a healthy sense of oneself separate from one's negative internal experience. Case examples of short-term interventions in health care are utilized, but the content is useful to all therapists. *Patricia Robinson, PhD, Psychologist, Mountainview Consulting, Inc., Zillah, WA. CLN; HTH. ALL.*

C 2 Ethics and Documentation

A practical, sometimes humorous, skill-building workshop and an empowering program detailing the importance of ethical behavior by providing an understanding of professional values. Topics include integrity, competence, record keeping, confidentiality, cultural sensitivity, billing and sexual relationships. Designed not only to promote an understanding of and compliance with a code of ethics, but also to reduce risk exposure related to unethical actions, paybacks to funding sources and malpractice lawsuits. Addresses crucial documentation issues and offers practical guidelines on how to keep records that are ethically, legally, clinically and fiscally accountable. If you are looking for the definitive workshop, Bob "wrote the book." His three publications are considered the industry standard by many behavioral healthcare professionals. *Bob Mitchell, ACSW, Social Worker/Trainer, Louisville, KY. ETH; MGT; CC. ALL. Note: This session applies to the Social Work Ethics requirement for WV temporary social work license holders.*

C 3 Herbal and Psychoactive Medicinal Preparations

Many clients, as well as professionals, are looking for safer, more "friendly" ways of addressing mental health related concerns. This seminar will provide an overview of health and mental health conditions such as sleep disturbance and depression. These conditions are presented along with a broad range of treatments available such as complementary techniques and prescription medications. Learn the strengths and weaknesses of focusing on using "multiple techniques" and the differences and similarities between herbal products and prescription medications. This seminar will focus on the basic information related to herbal preparations that all social workers need to know to help clients make informed decisions. *Sophia Dziegielewski, PhD, Dean, University of Cincinnati School of Social Work, Cincinnati, OH. CLN; HTH; MH. INT-ADV.*

C 4 Everyday Self-Defense for Social Workers

This highly-participatory introductory workshop is designed social workers concerned with security in the work environment. It offers a balanced approach to personal and workplace safety that anyone can learn. You will begin to gain the skills to protect yourself in everyday

situations at work and on the road. Introduces personal safety awareness, conflict resolution, stress reduction, and practice with simple but surprisingly effective practical skills. The combined use of proactive personal safety measures, positive communication skills and the ABC's of self-defense provide the basis for this self-protection program. *Janet Nelson, ACSW, LCSW, Third-degree Black Belt, originator of Everyday Self Defense, Tallahassee, FL. Limited Enrollment. PUB; CYF; CC. ALL.*

C 5 Redecision Therapy

This workshop will provide an overview of Redecision Therapy, including establishing a nurturing environment, supporting the patient's power and responsibility, identifying an impasse, rededecision facilitation, two-chair work, "parent" interviews and contraindications to rededecision work. Participants will learn theory and techniques, as well as have the opportunity to experience rededecision work firsthand by volunteering for a demonstration group exercise. *James Binder, MD, Associate Professor of Psychiatry, Marshall University School of Medicine, Huntington. CLN. ALL.*

C 6 Geriatric Mini-Medical School

This workshop is intended to share some of the information that a geriatrician uses to evaluate and work with older adults through an informal, case-based interactive session that touches on the aging process itself; the impact of older age on common diseases such as diabetes, high blood pressure, and heart disease; common "geriatric" syndromes such as falls, frailty, and osteoporosis; and health promotion and disease prevention in older adults. *Mark Newbrough, MD, Assistant Professor of Medicine and Geriatrics, WVU School of Medicine, Charleston Division, Charleston, also Principal Investigator, WV Geriatric Education Center, WVU Robert C. Byrd Health Sciences Center. AGE; HTH; CC. ALL.*

C 7 Effective Management through Team Building

We all learn in different ways, but most of us long remember things we learn through participation in group activities that are fun and informative. In this session participants will look at ten essentials of teamwork while participating in a variety of physical activities designed to develop or enhance team skills. Wear athletic shoes and dress in loose fitting pants that allow easy movement. No athletic skill required. *Judy Ripley MSW, LISW-AP(SC) and Bill Ripley, MSW, LISW-AP(SC), Participatory Management Adventures, Ripley Retreat, Hopkins, SC. MGT; CC. ALL. Limit 50.*

C 8 Before Time Out: The Choices Program (Repeat of workshop B 2)

Provides different solutions beyond the traditional "time out" method. CHOICES is a behavioral based program for parents and caregivers that helps children make appropriate situational choices, encourages the child's ability to make decisions and set limits, and teaches parent, caregivers and educators to promote responses rather than reactions. This easily implemented program produces quick progress, structure and routine for client-families. It's especially effective for child behavioral and neurobehavioral disorders. *Jessica Burkhamer, MSW, LICSW, Owner, Child Development Associates, Park Rapids, MN. CYF; CLN; MH. ALL.*

C 9 Dream Work in Therapy: Introduction to the Hill Model

Offers a summary of the theory, procedures and evidence basis of the Hill Cognitive-Experiential Model of Dream Work in therapy, which has been used to help clients take meaning from dreams they may have while in therapy or that they may remember vividly from prior

experience. The model has also been used to help clients resolve recurring dreams and nightmares related to trauma. Several case examples will be presented. This is an introduction; the expertise and skill level related is not considered sufficient for therapists to begin working with the model in their own practices. References and resources for additional information and practice, leading to additional expertise, will be provided. *Elizabeth Randall, PhD, MSW, LICSW, Associate Professor, WVU Division of Social Work, Charleston. CLN. ADV. Limit 75.*

C10 Ten Things You Need to Know about Kids

Get ready to laugh and learn as this workshop brings some of the most important developmental principles alive in a down-to-earth style. The presenter will focus on some of the most common misperceptions people have about children and talk about how they affect our ability to intervene effectively. The workshop will pay specific attention to child development, behavioral risk factors, challenging quick-fix strategies, behavioral sequence, mental illness, and relationship skills. *Jim F. Harris, EdS, MSW, Behavioral Health Therapist, Oasis Behavioral Health, Chesapeake, OH. CYF; MH; CC. ALL.*

C11 Termination: The Ending of a Therapeutic Relationship

The ultimate goal of a therapeutic relationship is successful termination. Understanding the dynamics of termination is crucial throughout treatment. We will explore how to maintain a therapeutic alliance as therapy approaches its termination phase. Using role-play and case presentation, you will learn the basic elements of termination and relational patterns that promote successful termination. A therapeutic model that can lead to successful outcomes as therapy ends is offered. *Chatman Neely, MSW, Senior Lecturer and Coordinator, WVU Division of Social Work Wheeling Program, Therapist in Private Practice, Wellsburg. CLN. INT-ADV. Limit 50.*

C12 Surviving the Storm of Teen Depression: Opportunities for Healing and Hope

Clinical depression affects an estimated one in five teens in the U.S., is the driving force behind most suicides, and is frequently linked to alcohol and drug abuse, auto fatalities, homicides, other violent and self-destructive behaviors. This workshop will help participants increase their understanding of clinical depression in teens, gain a better perspective for helping depressed teens, and learn about interventions that address the emotional, cognitive, relational, biological and spiritual dimensions of teen depression. *Gary E. Nelson, MDiv, DMin, Pastor and Pastoral Counselor, Sand Hill United Methodist Church, Williamstown. ADO; CYF; MH. ALL.*

C13 Self-Care: Mindfulness and Acceptance

Social workers and counselors experience multiple sources of stress, including high caseloads, stressed clients, paperwork, and attempting to balance work and personal life. We can easily lose connection with ourselves and those we care most about in this process of caring for others. This evidence-based workshop will provide an experiential and didactic introduction to mindfulness-based stress reduction and practices. *Jane Riffe, EdD, MSW, Extension Specialist, West Virginia University, Morgantown and Connie Shaffer, BA, CAD, Resource Consultant, Public Partnerships, Inc., Cairo. CC. ALL.*

C14 Disordered Eating: Eating with Integrity

This multimedia workshop will teach participants about “eating with integrity,” or how to lose weight and actually keep it off. Blending humor and expertise, the presenter will discuss health issues and process addictions related to food and eating, the relationship between nutrition and

relapse in alcoholism and other ingestive addictions, and how to maintain a stable weight. Food addiction and disordered eating, as well as anorexia, bulimia and night eating syndrome, will be addressed. *Ronni Rittenhouse, Ph.D, Clinical Therapist, Wheeling. ADT; HTH; CLN. ALL.*

C15 The Road Back Home - Dealing With Compassion Fatigue

“Compassion fatigue” can rob social workers of their sense of well-being, comfort, purpose, identity, and empowerment – all qualities that one associates with being “at home.” This workshop will help participants recognize the contributing factors and warning signs of burnout, compassion fatigue, and vicarious or secondary traumatization. Self-care strategies will be presented to assist social workers to move rapidly toward comfort in finding their own personal “road back home.” *Sheli Bernstein-Goff, MSW, Associate Professor of Social Work, West Liberty University, West Liberty. CC. ALL.*

C16 Know the Code: Using the Code of Ethics in Your Daily Practice

This workshop will provide an overview of the NASW Code of Ethics and how to use it to make practice decisions. The session is designed to enhance the participant’s ability to utilize the written code by applying it to sample situations, as well as to real-life examples shared by participants. *Anita K. Rozas, ACSW, LCSW, LCSW-C(MD), Social Work Supervisor, North Branch Correctional Institution, Cumberland, MD. ETH. ALL. Limit 30. Applies to the ethics requirement for WV temporary social work license holders.*

C17 RSVP - Reducing Sexual Abuse in Vulnerable Populations: Prevention Dynamics of MR/DD Child Abuse

This workshop will explore child sexual abuse dynamics, prevention and accountability, with a special focus on the MR/DD population. The presenters will focus on the criminal, preventive, and multidisciplinary team aspects of the investigation. The presentation will be a combination of lecture, PowerPoint, and actual case footage, followed by an interactive panel discussion. *Susan Vlajk, BSW, MSW, Therapist, Lewisburg; Monica Acord, MA, Co-Director, Child and Youth Advocacy Center, Lewisburg; Adam Martin, BS, AS, Dedicated Child Abuse Detective, Greenbrier County Sheriff's Department, Lewisburg. DOM; CYF; DIV. ALL.*

C18 Caring for Caregivers: Tools for Supporting Caregivers in Rural Areas

Every day hundreds of farmers experience debilitating injuries resulting in permanent disabilities. Instantly, spouses, parents and children become caregivers. Whether care giving is enriching or a burden, negative emotions and burnout can quickly handicap a family. This workshop will spotlight the warning signs of burnout, coping techniques for care giving stressors, strategies for nurturing family relationships, and suggestions for successful role-changing. *Mary Slabinski, LGSW, Rural Health Program Specialist, WVU Center for Excellence in Disabilities, Morgantown, and Inetta Fluharty, ATP, Northern West Virginia Center for Independent Living, Middlebourne. CYF; HTH; MH. ALL.*

C19 Motivational Interviewing in Action

Motivational Interviewing is designed to help people resolve ambivalence about changing their behaviors. In this intermediate level session we will review what is new in the world of MI and discuss how to implement key concepts in your practice. A useful and respectful values exercise is demonstrated to help illuminate discrepancy between what the client values and their current behavior. *Susan Coyer, MA, CCAC-S, Clinical Supervisor, Prester's Addiction Recovery Center - West, and Kim K. Miller, MA, CCAC, MAC, Manager of Women's Addictions Services, both of*

Pretera Center For Mental Health Services, Inc., Huntington. ADT; HTH; CLN. INT. Limit 50.
Note: We gratefully acknowledge the assistance of the Mid-Atlantic Addiction Technology Transfer Center at Virginia Commonwealth Univ., a SAMSHA funded project, in making this workshop available.

C20 Substance Abuse Work in the Primary Care Setting: SBIRT

Substance abuse treatment is shifting from the traditional in-patient / out-patient settings to new venues which hold great promise. One is the primary care setting. WV has a multi-year grant to kick start such services around the state. The difficulty is that primary care is a *really* different world and few of us know how to practice collaboratively with physicians and other medical providers and personnel. In this session you'll learn the basics of how to provide brief treatment, intervention and referral services in the primary care setting and how to practice as part of a medical team. *Mary Aldred-Crouch, MSW, LICSW, CCAC, Behavioral Health Provider, Lincoln Co. Primary Care Center/Pretera, Milton. ADT; CLN. ALL. Limit 50.*

C21 The Spunky Eclectic: Fit and Form in Picking a Child Psychotherapy Model

When treating child or adolescent's presenting problem it is important to pick an effective psychotherapy model that also resonates with the therapist. We will provide examples of the components and efficacy of four major approaches to therapeutic work with children and adolescents: Psychodynamic Psychotherapy, Behavior Therapy/Parent Training, Cognitive Behavioral Therapy and Family Systems Therapy. The importance of attunement, spontaneity, creativity and energy in therapy will also be discussed. *Janie Howsare, MSW, MPA, LICSW, Assistant Professor and Jordyn Hagar, MSW, LICSW, Clinical Therapist, both of WVU Dept. of Behavioral Medicine and Psychiatry, Chestnut Ridge Center, Morgantown, and; Dolly Ford, MSW, MPA, LGSW, Clinical Therapist, University Health Associates, Morgantown. CLN; ADO; CYF. ENT. Limit 50.*

Thursday, April 29, 2010

1:00-2:00PM: Networking Sessions

Choose from the list available when you arrive at the conference

Thursday, April 29, 2010

2:20 – 3:15PM: Awards Plenary Session

We've invited Miss West Virginia, Talia Markham, to speak of her passion to prevent child abuse and neglect, and to help present the 2010 Social Worker of the Year and other NASW WV awards of merit!

Thursday, April 29, 2010

3:30 – 5:00PM: Concurrent 1.5-Hour Workshops: D1 - D20

D 1 Improving the Aging Experience in West Virginia's Communities

This session will provide understanding of the term "aging in place" and identify issues affecting older West Virginians' ability to age in place in the setting of their choice. Participants will learn how to advocate for policy change to enable more West Virginians to age in place. Information from the WV Elder Economic Security Initiative Index will be presented as a tool for educating

WV seniors about the real costs of living in the community. *Laura Boone JD, Director, WV Long Term Care Partnership, Charleston. AGE; POL; CC. ALL.*

D 2 Advance Care Planning: Train the Trainer

Social workers in all settings may have opportunities to teach clients about the importance of completing an advance directive. This “train the trainer” workshop will provide the information and tools needed to educate others about advance care planning. Participants will receive a PowerPoint presentation and other resources needed to conduct programs and promote advance care planning in their workplaces and communities. *Kathleen Campbell, BA, Marketing Director, Hospice of the Panhandle Inc, Martinsburg, and Karen Lynn Keaton Nichols, RN, Executive Director, Hospice Council of West Virginia, Wheeling. AGE; HTH; CC. ALL.*

D 3 Clinical Supervision: Introduction to Teaching Processes and Methods

This workshop will examine the role of teaching within supervision as it applies to clinical supervision. The presenter will discuss the functions of clinical supervision as distinct from administrative supervision; methods of instruction that support the development of clinical skills; and parallel process and other theoretical models. Offers opportunities to practice the instructional methods presented and assess you own strengths and challenges. *Patricia A. Chase, MSW, EdD, Clinical Assistant Professor, West Virginia University Division of Social Work, Morgantown. CLN. INT.*

D 4 Current Issues in Psychopharmacology

The pharmacy industry makes billions in profits every year. Social work and other professionals employed in the counseling environment often help to address the needs of adult clients taking prescribed medications. These professionals do not prescribe medications; however, they must be aware of the therapeutic effects and possible problems that can result from medication intervention. Understanding psychotropic medication usage has become a practice reality. This seminar is designed to provide non-prescribing professionals with an overview of issues related directly to the benefits and problems that can occur when using selected psychotropic medications with adults. *Sophia Dziegielewski, PhD, Dean, University of Cincinnati School of Social Work, Cincinnati, OH. CLN HTH; MH. INT-ADV.*

D 5 The Art of Being a Successful Boss

In America today, being a boss is challenging in any setting. Circumstances are very different from past generations in terms of the economy, workforce, laws and regulations. Change has been the primary standard, and successful bosses must be able to adapt to the needs of their organizations, employees and clientele. This workshop will address the qualities of an effective boss, mistakes that often undermine one’s ability to be a successful boss, and why good bosses train their successors. *Daniel W. Farley, PhD, MSW, President & CEO, GlenWood Park, Inc. Princeton. MGT. INT.*

D 6 Alzheimer’s 2010: What’s New, What’s to Come, What Should We Do Now?

An update on advances in therapy and thinking concerning the treatment and management of clients with progressive dementia, their families and other concerned individuals. Learn about new medications, clinical trials, approaches to overall management (behavioral, environmental, family-based, technological, etc.) and current thinking about common management problems such as driving, nutrition and “sundowning”. Questions and discussion are encouraged. *Dr.*

Richard Ham, Professor of Geriatric Medicine and Psychiatry, Robert C. Byrd Health Sciences Center, WVU, Morgantown. AGE; CLN; CYF; HTH. ALL.

D 7 Bipolar Disorder: Assessment and Treatment

This session will increase your understanding about the treatment of bipolar disorder. The session offers a review of the illness' prevalence, describes markers that commonly differentiate people with bipolar disorder, and covers the potential benefits and risks of the three major classes of drugs used to treat the illness. Also, the session describes the DSM-IV diagnostic criteria as well as effective non-pharmacologic treatment strategies. *Scott Fields, PhD, Associate Professor, Director of Behavioral Science, WVU School of Medicine-Charleston Division, Department of Family Medicine. CLN. ALL.*

D 8 Applying the DSM to Children and Adolescents

This workshop covers three primary areas. First, it addresses how the symptom presentation of multiple psychiatric disorders differs between children and adults. Second, it explores disorders specifically diagnosed in children and adolescents. Third, the session will follow the process of creating differential diagnoses for some of the most common presenting symptoms in children. Case examples will be used to illustrate the points discussed in this presentation. *Jordyn Hagar, MSW, LICSW, Clinical Therapist, WVU Department of Behavioral Medicine and Psychiatry, Chestnut Ridge Center, Morgantown. CYF; ADO; CLN. ENT-INT.*

D 9 Live Performance by Dreams of Hope: LGBT (and Allies) Youth Performers

Through the arts, Dreams of Hope develops lesbian, gay, bisexual, transgendered, and allied (LGBTQA) youth leaders ages 13-21 who promote social change by educating audiences. This session includes their performance of "First Comes Love..." Through song, dance, drama, music, and the spoken word this original show explores relationships and love, dispelling the myth that LGBT relationships are "just about sex". The performance is followed by a discussion period during which audience members may ask questions about the issues facing LGBT youth and their allies. *Susan Haugh, Founder and Artistic Director accompanied by Dreams of Hope youth performers, Pittsburgh, PA. DIV; CYF; SCH; CC. ALL.*

D10 Storytelling Toolbox: Help Your Clients Tell Their Story

People of all sorts – clients and non-clients – live their lives based on storylines that may not be true and may even be harmful. During her 25 years as a writing coach, Kate Long has helped hundreds of writers explore the many possibilities of any story idea. In this session Kate will partner with a practicing therapist to help participants look at stories from their own lives from many perspectives. *Kate Long, MEd, Writing Coach, The Charleston Gazette, Charleston, and Carol Freas, MD, Assistant Professor, WVU Div. of Behavioral Medicine and Psychiatry, Charleston Division. CC; CLN. ALL. Limit 50.*

D11 Treatment of Violent Women: A Cognitive-Behavior Training Curriculum

Presents a model core curriculum, developed by the author over a two-year period, for the treatment of women who have engaged in violent practices toward others. Promotes feminist and gender-sensitive techniques that integrate child welfare, domestic violence, mental health and substance abuse best practices based on CBT and its application to female perpetrators in a psychoeducational group format. Useful in outpatient, inpatient or institutional environments. *Gregory Hungerford, PhD, DAC, MSW, Assistant Professor, Dept. of Social Work, Ohio University-Chillicothe, OH. CLN; CC. ALL.*

D12 Addiction Services with the Homeless Population

This workshop will provide an overview of the disease model of addiction, as well as addressing the dually diagnosed client. Three different alcohol and drug assessments will be presented to provide participants with concrete tools to utilize upon completion of the workshop. Case management skills specific to the homeless population will be presented, as well as resources that are helpful to serving this population. *Diane Market, MSW, Therapist, Creative Interventions, Morgantown and Frank Pensula, BS, Case Manager, Roark-Sullivan Lifeway Center, Charleston. ADT; CC. ENT- INT.*

D13 Avoiding the Perils Associated with Electronic Documents in the Workplace

Improperly stored and/or transmitted electronic documents can result in the violation of client privacy. This workshop will address the types of electronically stored information (ESI) typically used in the workplace (e.g. email, Word, Excel); the importance of maintaining formality of critical communications and avoiding transmission of metadata in attached document files; practical methods to store electronic documents; document retention/destruction policies; and an overview of the law of e.Discovery pertaining to ESI. *Shari McPhail, JD, Attorney, Sinclair PLLC, Wheeling. MGT; CC. ALL.*

D14 Suicide Prevention among Veterans

Veterans are at high risk for suicide. Early identification and intervention are key to improving overall care among veterans, as well as preventing suicides. This workshop will discuss the core components of the Suicide Risk Assessment, as well as specialized interventions for high-risk veterans. The presenters will describe in detail the Veterans Administration's suicide safety plan tool and provide an overview of suicide prevention efforts at the VA. *Tamatha Miller, MSW, Suicide Prevention Coordinator, Huntington Veterans Administration Medical Center and Cheryl Walters, MSW, Suicide Prevention Coordinator, Beckley Veterans Administration Medical Center. VET; MH. ALL.*

D15 Criminal Child Abuse Cases: The Role of Mental Health Providers

Working with children who are victims of criminal child abuse and the professionals who have contact with these children can be challenging. Child Advocacy Center (CACs) can bridge the distance between the criminal justice process and the recovery process for child abuse victims and the practitioners who serve them. This workshop will address the role CACs in West Virginia, the multidisciplinary investigative team process, best treatment practices, and the importance of ongoing training and peer review. *Van Dyke, MA, LPC, Executive Director, Just For Kids, Inc., Beckley and Laura C. Capage, PhD, Licensed Psychologist, Monongalia County Child Advocacy Center, Morgantown. CYF; MH. ALL. Limit 50.*

D16 Helping Children and Adolescents Cope with Death of a Loved One

This workshop will focus on how children and adolescents cope with the death of loved ones. The presenter will draw upon his hospice experience working with children and adolescents and offer helpful hints for parents, guardians and professionals. He will address the stages through which children learn about death; the differences in how they deal with death based on age and the meaning of death for each family; and the value of compassion, listening and tolerance of different views and reactions toward death. *Wade Seibert, DSW, Professor, Lock Haven University, Lock Haven, PA. CYF; ADO; MH. ALL.*

D17 Everyday Self-Defense for Social Workers: Intermediate Training

A follow-up to the basic workshop, this highly-participatory session offers a balanced approach to personal and workplace safety that anyone can learn. Participants who have taken the beginning training will continue to gain skills to protect themselves in everyday situations at work and on the street and practice personal safety awareness, safety planning, stress reduction and other effective practical skills. *Janet Nelson, ACSW, LCSW, Third-degree Black Belt, originator of Everyday Self Defense, Tallahassee, FL. PUB; CYF; CC. INT. ALL. Limited enrollment. Note: Participants should have attended a Basic ESD session, such as the one on Thursday morning or at a previous Spring Conference.*

D18 New Opportunities in Case Management: Follow the Yellow Brick Road

How ready are you for the newest case management roles in health and human service delivery? Between Medical Home, Medicare Demonstration Projects and other aspects of Health Care Reform, to national trends in licensing and certification and other consumer quality initiatives, the field is changing rapidly! This interactive session enhances your knowledge of the prospects, makes you aware of your strengths and fosters your ability to transfer skills to cutting edge opportunities in the field of case management. Be proactive with your career! You can't afford to miss this? *Ellen Fink-Samnick, LCSW, CCM, CRC, EFS Supervision Strategies, LLC, Burke. CC; HTH; MH. ALL.*

D19 ACT Part II: Acceptance and Commitment Therapy for Experienced Therapists

ACT takes the view that suffering and struggle are common characteristics of all people whether or not they have "diagnosed" mental problems (Steven Hayes, 2004). Therapeutic intervention is directed toward value-driven lives, rather than freedom from symptoms. Open to experienced therapists who have attended the earlier session (C 1) or have prior training in ACT. *Patricia Robinson, PhD, Psychologist, Mountainview Consulting, Inc., Zillah, WA. CLN; HTH. INT. Limit 40.*

D20 Newborns Exposed to Drugs in the Womb: One-in-Five West Virginia Babies

Nearly 20% of babies born in WV show evidence of drug and/or alcohol exposure; many leave the hospital before the onset of symptoms. Community social workers will learn to recognize and refer infants who may be going through withdrawal. Provides knowledge of toxicology and symptoms and offers commonly used assessment tools. *Sandra Young, DNP, RN, Director of Pediatrics and Nursing Informatics, Thomas Memorial Hospital, South Charleston and Stephanie Nicodemus, MSN, CNM, Nurse Midwife, Martinsburg. ADT; HTH; CYF; DD. ALL.*

Thursday, April 29, 2010

7:00 – 8:30PM: Concurrent 1.5-Hour EVENING Workshops: E1 – E6

E 1 Live Performance by Dreams of Hope

LGBT and Allies Youth Performers – Encore Performance

A repeat of the Thursday afternoon (D9) workshop. *Susan Haugh, Founder and Artistic Director accompanied by Dreams of Hope youth performers, Pittsburgh, PA. DIV; CYF; SCH; CC. ALL.*

E 2 Helping Your Clients Understand: Social Work Roles in Encouraging Health Literacy

Focuses on the problem of low- and limited-health literacy (LHL) –the ability to communicate, comprehend and act on health information– and looks at two critically important roles social workers may play in helping clients better understand their situations and interact effectively

with health care providers. This multimedia presentation incorporates a high-impact video, brief lecture, role-play and discussion to explore strategies for helping clients understand and become more compliant with recommendations, and for social workers to be more effective advocates when dealing with other health care providers. *Mark Newbrough, MD, Assistant Professor of Medicine and Geriatrics, WVU School of Medicine, Charleston Division, Charleston, also Principal Investigator, WV Geriatric Education Center, WVU Robert C. Byrd Health Sciences Center. HTH; CC. ALL.*

E 3 Keep Moving: Line Dance for Mind, Body and Spirit

Line Dancing is a great fun way to increase exercise and reduce stress! Your spirit will be lifted. No prior dance experience necessary. Participants will learn several simple dances that they can continue to use for ongoing self care and wellness. This is a great, fun way to counter the stress we bring home from work and to model a healthy lifestyle. *Judy Ripley MSW, LISW-AP(SC) and Bill Ripley, MSW, LISW-AP(SC), Participatory Management Adventures, Ripley Retreat, Hopkins, SC. CC. ALL.*

E 4 Hope's Cafe: Impact of Cancer on the Lives of West Virginians

"Hope's Café" is a short play written by Deb White and Ann Wilson of Webster County that is based on oral stories gathered from 23 cancer survivors and caregivers. The Webster County Cancer Education Project has focused on the oral tradition as a powerful transmitter of culture, with both aesthetic and utilitarian dimensions. The play will give workshop participants the opportunity to reflect on the psychosocial impact of cancer on survivors and families, as well as on the participants' own emotional reactions to cancer and how these affect their practice. *James Keresztury, ACSW, MSW, MBA, Facilitator, Mountains of Hope Cancer Coalition, Morgantown; Jean Tenney, MSW, Cancer Information Specialist, WV Breast and Cervical Cancer Screening Program, Rainelle Medical Center, Diana; Genie Hupp, MSW, LGSW, Executive Director, "Tiger" Morton Catastrophic Illness Commission, Charleston. HTH; CYF; CC. ALL.*

E 5 Death and Dying: Speak Now or Forever Hold Your Peace

This session addresses how to speak to and with a dying person. We will discuss what and how patients and family members feel as they journey through their last days, ways to help them understand anticipatory grief, and how to teach them to grow through this precious time of life with the dying patient. Also deals with saying goodbye and helping the patient deal with unfinished business. *Carole Tarr, MA, MSW, CT, Senior Director Bereavement, Valley Hospice, Rayland, Ohio. CYF; HTH; MH; CC. ALL.*

**E 6 Military and Community Working Together
To Serve West Virginia Veterans and their Families**

How can you and your organization better understand and serve military personnel/veterans and their families and become catalysts for improvement? You'll learn about the effects of Combat Post Traumatic Stress Disorder and Traumatic Brain Injury, about the relationship between various agencies serving military personnel and their families and where to appropriately refer clients for services. Become part of the effort to better support these special people! *Rev. Ricardo Flippin, BS, Program Coordinator, CARE-NET: Caring Beyond the Yellow Ribbon Program, WV Council of Churches, Charleston. VET; MGT; CYF. ALL. Limit 50.*